

Den Gamle By

Allhallowtide in

bites from
wland

Restaurant
GÆSTGIVERGÅRDEN.

Sips and
Shado



Forgotten secrets of the herbs

Once, it was known that plants, herbs and seeds held hidden powers. Some could keep the dead at rest, others could drive away devils, witches and trolls. When the boundary between the world of the living and the world of the dead grows thin, it is vital to know the secrets of nature. Here on the table you encounter them again, not as forgotten myths, but as living magic that whispers through every bite.

Salty

Fate barley

Crisp barley with herb spread
The dead could not rise as ghosts until they had counted the barley grains placed beneath their head in the coffin. As long as the grains remained uncounted, the soul would rest in peace.

..... 49,-

Open sandwich with flax crispbread to keep the Devil out

Baked & pickled Hokkaido pumpkin, cream cheese, crisp flax crackers & sage **(vegetarian)**
Flax seeds flavour the crispbread, and folklore says they keep the Devil at bay. Scatter flax at the doorstep and darkness must halt. Cast the seeds over your shoulder and evil will not follow. Even the dead were bound to the earth when flax grew upon their graves.

..... 75,-

Open Sandwich with salmon & enchanted elder

Faroese salmon cured with beetroot & elderberry from the garden, dill mayonnaise & crisp fennel
The flying elder, which grows without touching the ground, carries strong magic that can grant invisibility and power to wands.

..... 85,-

Key chicory

Braised endive with mash of Ingrid peas and potato, tart apples and onions. With dry-salted bacon **(or vegetarian)**
The chicory root was once used against witchcraft and sorcery. Dig it up with a small piece of gold and its power awakens. Carry it close to your heart, and it can render you invisible, open locked doors or reveal hidden treasures.

..... 159,-

Sweet

The apple of truth

Pickled crab apple from the garden, thief's gingerbread, chocolate, ice cream & mead syrup
In folklore, apples and gingerbread could expose thieves. Magical words were written upon them and set out before the day's first meal.

It was said they forced the guilty to confess their theft. An apple or a cake could thus bring forth the truth, and no one could escape its quiet, unseen magic.

..... 60,-

Wet

Love punch

Apple juice, lemon with dark rum (4 cl) / without rum
If you love someone who turns their gaze away, this love punch may clear the path. An apple cut in two, tied beneath the left arm before bedtime and soaked with sweat by morning, was mixed with rum into a magic potion said to awaken love in the one who drank it. Good luck!

..... 89,- / 69,-

